

School Lunches at NCJPS

Please see our lunch menus, which are healthy and varied with lots of choice for your children to choose each day. Each week there may be slight variations.



MONDAY

MAIN DISH

Fish Fingers
Poached eggs
Veggie Sausage
Tuna

Served with

Chips, Pasta or Baked potato
and
Baked Beans or Salad bowl

DESSERT

Chocolate Orange Muffins, Fruit Salad or Melon

TUESDAY

MAIN DISH

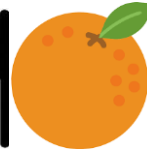
Lentil & Tomato soup
Carrot & Coriander soup
Turkey/tuna/tuna & sweetcorn or egg mayonnaise sandwich
Worsht/Turkey/Egg or Tuna

Served with

Baked potato/Couscous salad/Pasta Salad
and
Salad bowl/Coleslaw/Gherkins

DESSERT

Shortbread, Fruit Cocktail, Water Melon, Banana smoothie



WEDNESDAY

MAIN DISH

Chicken Sausage rolls

Salmon

Veggie nuggets

Tuna

Served with

Mashed potato or new potato

and

Baked Beans, Salad bowl or Sweetcorn

DESSERT

Creamed sponge with kiwi, Fruit salad or Melon

THURSDAY

MAIN DISH

Cottage Pie

Tuna Pasta Bake

Veggie Meatballs with arrabiata sauce

Served with

Rice, Baby potatoes

and

Peas or Salad bowl

DESSERT

Raspberry buns, Fruit Cup, Strawberry jelly



FRIDAY

MAIN DISH

Hot dogs in a roll with fried onions

Egg mayonnaise

Boiled eggs

Tuna/Turkey/Worsht

Served with

Baguettes, Baked Potato, Couscous salad, Pasta salad,

Rice Salad with roasted vegetables

and

Salad bowls, Israeli Salad, Raisins, Apple & Celery salad

DESSERT

Meringues, Fruit Salad or Water Melon

Please note:-

A vegetarian option is always available.

Salad bowls can include tomatoes, cucumbers, carrots, raisin, peppers and olives.

A range of fruit is available daily.

Bread is always available.

The menu is subject to change at any time