



NCJPS
St. Annes Rd North
Heald Green
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Dear St Mary's,

I would like to talk to you about Rosh Hashana. It is a fun festival but we still fast.

If you don't know what **FAST** means it means you are not able to eat for a day!

On Rosh Hashana we dip the apple in the honey. We dip it in the honey because we wish each other a sweet new year. It tastes really **sweet** and **yummy**!



In our synagogue we listen to our rabbi blowing the **shofar**. A shofar is a ram's horn. It's a **mitzvah** and a **mitzvah** means something good. If a shofar is broken we make it into pieces of jewellery and much more.

A sound of a shofar is supposed to sound like crying to our god, "Please god please may we have a good year?" Shofars come in all different shapes and sizes!

Things we eat on Rosh Hashana:

- Dip the apple in the honey and eat it
- Pomegranate
- Fish Head (we're not actually going to eat it!)
- Challah (it's a bread)

HAVE A SWEET NEW YEAR

Yours sincerely,
Marisa

L' Shanah Tovah
Have a sweet year!

