

PSHE SUBJECT OVERVIEW



NORTH CHESHIRE
JEWISH PRIMARY SCHOOL

At NCJPS, we believe PSHE education and the SMSC (spiritual, moral, social and cultural) development has a crucial role in providing our pupils with the attributes they need to thrive and become healthy, independent and responsible members of society.

We want our children to be able to understand and reflect on how they are developing personally and socially. In turn, this will give them the confidence to tackle moral, mental, physical, social and cultural issues that are part of growing up.

We aim to enhance and enrich the lives of children by enabling them to make the most of learning opportunities within and beyond the curriculum.

"PSHE helps children and young people to stay healthy and safe, while preparing them to make the most of life and work." (PSHE Association)

Core Threads

- Health and Wellbeing
- Building and maintaining relationships
- Keeping/staying safe
- Keeping/staying healthy
- Living in the Wider World
- Hazard watch
- Feelings and emotions

Links to Reading

- Scenarios
- Question cards
- Facts/statistics
- Stories (with PHSE links)
- Newspaper articles
- Personal viewpoints

Inclusive Practice

PHSE is taught in a way which lends itself to pair, group and whole class discussions. We ensure to give everyone the opportunity to share their own opinions, life experiences and ideas.

Knowing more, remembering more

During lessons our pupils are given the opportunity to watch re-enactment videos through the 'eyes of children'. These are relevant to our topics and encourage discussion, understanding and reflection. Children gain an understanding of consequence through the appropriate resources and are able to relate them to real life experiences.



Our curriculum is underpinned by our RESPECT VALUES, which are covered across all subjects. The following values are exemplified in this subject:

Resilience: The opportunity to discuss (sometimes tricky) topics, emotions and decision making.

Empathy: The opportunity to understand people's feelings and the world around them.

Self-awareness: Being aware of how our actions can impact on others as well as ourselves e.g. being responsible, keeping healthy and computer safety.

Positivity: The opportunity to celebrate diversity and differences in a positive and uplifting way. Being aware that positive thoughts, lead to positive actions and positive feelings.

Excellence: Recording our work, thoughts and feelings in variety of ways.

Communication: Listening to other people's viewpoints and discussing them.

Teamwork: The opportunity to collaborate with each other and explore outcomes that relate to of real-life experiences through discussion and debate.

Sequence of Learning

As a school, we use the 1Decision Scheme (PSHE Association Approved) to fulfil our curriculum coverage although this is also supplemented with My Happy Mind, Medway, NSPCC Pants and ThinkUKnow. We are proudly working towards the Rainbow Flag Award.

Early years: In EYFS, children are supported to manage emotions, develop a positive sense of self, have confidence in their own abilities and build healthy relationships.

Years 1-3: Knowledge is built on through Years 1-3 by having a consistent and developmental curriculum focussing on: keeping safe, staying healthy, relationships, being responsible, feelings and emotions, computer safety, our world, fire safety and hazard watch.

Years 4-6: This knowledge is built on further through Years 4-6 with the introduction of growing and changing, a working world and a world without judgement.