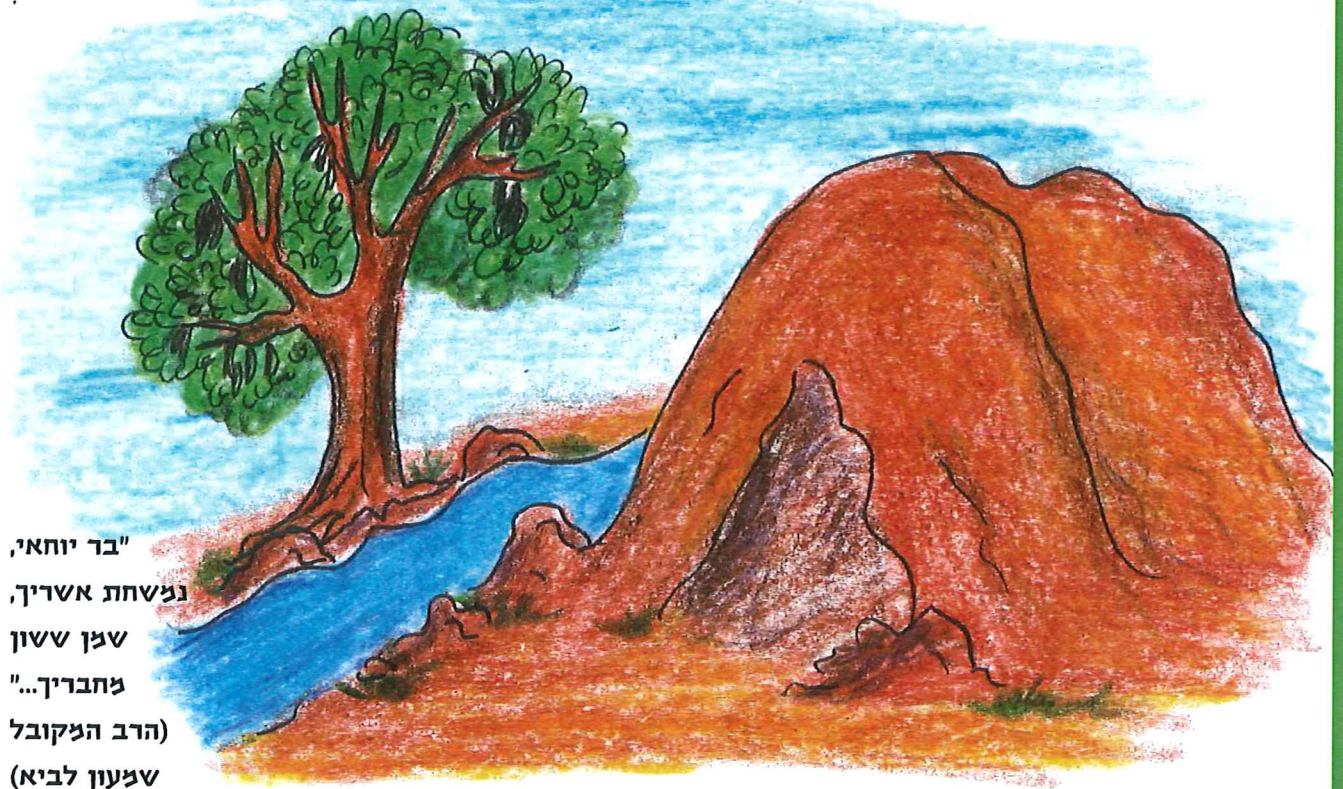


Lag Ba'omer

Can you imagine living inside a cave for days, with only carobs to eat and water from a natural spring to drink? Would you be able to do it? Maybe you could manage for a few days, but would you be able to do it for twelve years??? You may not believe it, but this is exactly what two people did - Rabbi Shimon Bar Yochai and his son Elazar. Why did they hide? The Romans, who ruled over Israel at the time, chased after them because they taught Torah and said things against the Roman rulers. In order to save themselves, Rabbi Shimon and his son hid inside a cave for twelve years. How did they spend all of that time inside a cave? They did what they knew how to do best, they learned Torah. After twelve years Eliyahu Hanavi came to the cave and told Rabbi Shimon and his son that it was safe to leave the cave because they were no longer in danger. According to the Midrash, Lag Ba'omer is the day that Rabbi Shimon Bar Yochai died and was buried on Mount Meron, and we celebrate this day by lighting bonfires all over the country.



"בר יוחאי,
נמשחת אסדיך,
שגן ששון
מחבריך..."
(הרב הגקובל
שגעון לביא)



If you had to hide in a cave for twelve years, what would you want to eat?

Activity

"The Cave" - Build a cave and see how long you can stay there and how many people can fit inside.