

Natasha's Law at North Cheshire Jewish Primary School

As you may be aware, Natasha's Law came into effect on 1 October 2021. It requires all pre-packed for direct sale (PPDS) foods to carry clear, full ingredient lists and allergen declarations. The legislation is named in memory of Natasha Ednan-Laperouse, who tragically died from an allergic reaction to undeclared sesame seeds in a pre-packed baguette.

What is PPDS food?

PPDS (Pre-Packed for Direct Sale) covers any food that is:

- Packaged on the premises **before** the customer selects it
- Sold directly to the customer in that packaging

Examples include:

- Sandwiches, wraps and salads made and wrapped in our kitchen
- Baked goods and snacks prepared and packaged before display
- Packed lunches for school trips

What's not PPDS?

Foods excluded from Natasha's Law are those that are:

- Loose items not packaged until **after** purchase
- Foods not in any packaging at the time of sale
- Items packaged by other suppliers off-site

The 14 mandatory allergens

By law, these allergens must be emphasised in the ingredients list (for example, in bold or a different colour):

- Celery
- Cereals containing gluten (wheat, barley, oats, rye)
- Crustaceans (crabs, prawns, lobsters)
- Eggs
- Fish
- Lupin
- Milk
- Molluscs (mussels, oysters, snails, squid)
- Mustard
- Nuts (almonds, cashews, hazelnuts, pistachios, walnuts, etc.)
- Peanuts
- Sesame seeds

- Soybeans
- Sulphur dioxide and sulphites (if over 10 mg/kg)

Our commitment at NCJPS

To ensure the safety and confidence of our pupils, staff and families, North Cheshire Jewish Primary School will:

- Label every on-site prepared PPDS item with a full ingredient list and highlight any of the 14 allergens
- Provide clear allergen information on all other foods served on site
- Minimise usage of high-risk allergens where practicable
- Train all catering and supervisory staff in allergen awareness and safe handling
- Regularly coach and assess staff to maintain confidence in managing and communicating allergen information
- Review and update our Allergen and Anaphylaxis Policy annually
- Keep close liaison with our suppliers to receive prompt updates on any ingredient changes
- Act immediately on any supplier notifications to update labels and reassure our community

How you can help

Although not required by law, we kindly ask that for any homemade items you contribute to school events, you:

- Use our **Allergen Labelling Template** (available from the office)
- Clearly list ingredients and highlight any of the 14 allergens

Our Allergen Champion

To discuss your child's specific needs or ask any questions, please contact the Medical Needs Team via the school office:

- Phone: 0161 282 4500
- Email: office@northcheshire.stockport.sch.uk

For more detailed guidance, you can visit the Food Standards Agency:
<https://www.food.gov.uk/business-guidance/allergen-labelling-and-advice>